

# **SEALAND COMMUNITY COUNCIL**

CPR Training Deployment of AED Defibrillator at St Bartholomew's Church on Monday 1st July 2019 starting at 6pm.

Tomos Hughes from the Welsh Ambulance will be running a 2-hour session all about adult / child CPR resuscitation.

A defibrillator is a device that gives a high energy electric shock to the heart of someone who is in cardiac arrest.

This high energy shock is called defibrillation, and it's an essential part in trying to save the life of someone who's in cardiac arrest.

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Sealand Community Council has already funded the installation of a defibrillator at the Griffiths' Pharmacy on Welsh Road at Garden City.

The session is open to members of the public to attend.

Peter Richmond

Clerk of the Council

21<sup>st</sup> April 2019